



Messages in Times of Crisis

Words of Love, Hope, and Prayer



■ A timely message from Greek classical music composer Stamatis Spanoudakis

Perhaps This Is an Opportunity*

“To speak with Christ about everything that we fear...”

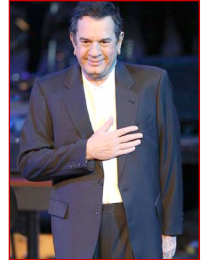
Ihear scientists, politicians, and journalists asking us to stay at home, avoid contact with other people, and to preserve cleanliness and quietude. How significant and how exceptional it all seems to me.

What a great opportunity, at long last, to spend a few days alone, to get to know and become reacquainted with our forgotten selves, and, first and foremost, to approach The One. Christ.

From a logical and medical standpoint, then, everyone is urging us, consciously or not, to pray.

Oh, the joy!

So it is time, hand in hand with science and common sense, to close ourselves in our small or large room. **And to speak with Christ about everything that we fear and everything that we truly need.**



It's not difficult. It's child's play.

Just as you talk to your friend, your father, your brother. With simple words, always ending: “Thy will be done.”

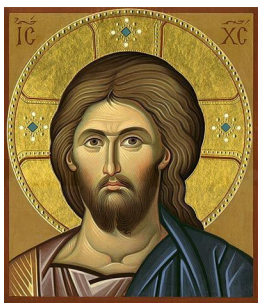
Because He knows what you want and He knows you well.

You are His child.

Talk to Him, without intermediaries, about what you fear, what you need, about those you love.

Believe me, He listens.

And intervenes.



With gentleness, discretion, and respect for each of us individually. He desires contact with us; **He wants our prayer and, if possible, a teardrop from us.**

And in your conversation with Him remember also the Saints, Archangels, Heavenly Powers, your helpers here on earth and in the blessed afterlife.

Everyone is waiting for a heartfelt word from you in order to help. Call to them!

And, of course, to our sweet Mother, who is swift to protect us.

So then, drive out fear. A little quiet and a few human words to the One Who always listens and intervenes with love and kindness.

After all, what is sickness, and even death, if not everlasting union with Him.

In the new earth and Heaven that He has prepared for us.

And He is waiting for us to rejoice with him forever!



(*) Source: [The official Facebook page of Stamatis Spanoudakis](#)