## SPIRITUAL EDIFICATION

## A Christian only loves

## How We Heal Our Brother\* With Consideration and Love

**D**y **quiet** and gentle love we approach and **heal** the being of man.

**D** We never harp on to someone about his weaknesses and failings. We speak only well of others. While we see their faults, we keep silent and simply love.



For when we behave towards a harsh and callous person as he "deserves," we only make him worse. When, on the other hand, we treat him with consideration and love, we are able to make him better.

A Christian does not detest anyone.

What does he do? **He only loves. H**e loves even his enemies.



When St. Stephen the Protomartyr was being stoned, he gave no thought to the physical pain, but rather how to forgive his torturers.

That is why he said: "Lord, lay not this sin to their charge."

It is astounding to contemplate how far the love of a believer can go.

This is a **distinctive love**, which brings you **freedom and calmness**.

It enables the **Light of the Resurrection** to spring forth within you; it opens unto you spiritual horizons, causing you to participate in heavenly things while still on earth.

<sup>(\*)</sup> Bishop Makarios of Christoupolis, "O Lord and Master of my life..." [in Greek] (Athens: Ekdoseis "En plo," 2016), pp. 122-123.