



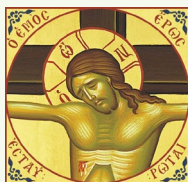
From daily life
to that which abides forever...



Towards the Cross and the Resurrection

With St. Andrew of Crete and St. Symeon
Metaphrastes as our guides in compunction

Self-reproach...
Repentance...



Humility...
Tears...

First Week of Great Lent † Clean Wednesday



The Dove who loved the wilderness,
the Lamp of Christ,
the voice of one crying aloud,
was heard preaching repentance;
but Herod sinned with Herodias.

O my soul, see that thou art not trapped
in the snares of the transgressors,
but embrace repentance.