



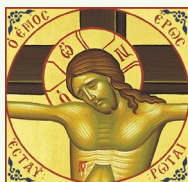
From daily life
to that which abides forever...



Towards the Cross and the Resurrection

With St. Andrew of Crete and St. Symeon
Metaphrastes as our guides in compunction

Self-reproach...
Repentance...



Humility...
Tears...

First Week of Great Lent † Clean Thursday



Taking thought for my flesh, I have
become the murderer of my soul.
I have been made a plaything of the devils
and a slave of sinful pleasures.
In Thy compassion spare me,
for Thou dost put to flight the demons.
Before I perish utterly, save me, O Lord.

