



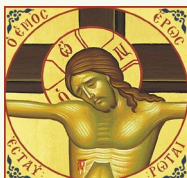
From daily life
to that which abides forever...



Towards the Cross and the Resurrection

With St. Andrew of Crete and St. Symeon
Metaphrastes as our guides in compunction

Self-reproach...
Repentance...



Humility...
Tears...

† Second Sunday of Great Lent Sunday of St. Gregory Palamas



Awake, my soul, consider the
actions which thou hast done;
set them before thine eyes,
and let the drops of tears fall.

With boldness tell Christ
of thy deeds and thoughts,
and so be justified.

