



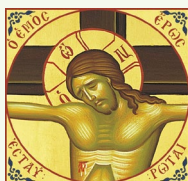
From daily life
to that which abides forever...



Towards the Cross and the Resurrection

With St. Andrew of Crete and St. Symeon
Metaphrastes as our guides in compunction

Self-reproach...
Repentance...



Humility...
Tears...

Third Week of Great Lent Friday



My soul shall live and praise Thee, said the Prophet.
Seek me, Thy lost sheep, and number me in Thy flock.

Grant me time for repentance, that with
cries of sorrow I may call upon Thee:
Before I perish utterly, save me, O Lord.

