



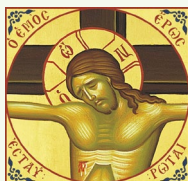
From daily life
to that which abides forever...



Towards the Cross and the Resurrection

With St. Andrew of Crete and St. Symeon
Metaphrastes as our guides in compunction

Self-reproach...
Repentance...



Humility...
Tears...

Third Sunday of Great Lent Veneration of the Precious Cross



Thy Body and Thy Blood, O Word, Thou hast offered
at Thy Crucifixion for the sake of all:

Thy Body to refashion me,
Thy Blood to wash me clean;
and Thou hast given up Thy spirit,
O Christ, to bring me to Thy Father.

