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From daily life to that which abides forever...



Towards the Cross and the Resurrection With St. Andrew of Crete and St. Symeon Metaphrastes as our guides in compunction

Self-reproach... Repentance...



Humility... Tears...

Fourth Week of Great Lent Tuesday

No and And

May the Blood from Thy side be to me a cleansing fount, and may the water that flows with it be a drink of forgiveness. May 1 be purified by both, O Word, anointed and refreshed, having as chrism and drink Thy words of life.

