



From daily life to that which abides forever...





Towards the Cross and the Resurrection

With St. Andrew of Crete and St. Symeon Metaphrastes as our guides in compunction

Self-reproach...
Repentance...



Humility...
Tears...

Fifth Week of Great Lent Tuesday



It is time for repentance:
to Thee I come, my Creator.

Take from me the heavy yoke of sin,
and in Thy compassion grant me
remission of sins.

