



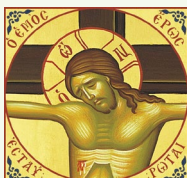
From daily life
to that which abides forever...



Towards the Cross and the Resurrection

With St. Andrew of Crete and St. Symeon
Metaphrastes as our guides in compunction

Self-reproach...
Repentance...



Humility...
Tears...

Fifth Week of Great Lent Saturday



I know Thee as a calm haven, O Lord, Lord Christ:
come quickly, O Saviour, before it is too late,
and save me from the beast.
Stretch out Thine hand and lead
me up from the deep of sin.

