



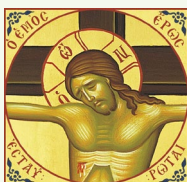
From daily life  
to that which abides forever...



## Towards the Cross and the Resurrection

With St. Andrew of Crete and St. Symeon  
Metaphrastes as our guides in compunction

Self-reproach...  
Repentance...



Humility...  
Tears...

## Sixth Sunday of Great Lent Palm Sunday



My soul, O my soul, rise up! Why art thou sleeping?  
The end draws near, and soon thou shalt be troubled.  
Watch, then, that Christ thy God may spare thee,  
for He is everywhere present and fills all things.

