



From daily life
to that which abides forever...



Towards Bethlehem,
with the holy monastic Fathers as our guides

In a spirit of
joyful sorrow...



...and bittersweet
self-reproach

Always battle bravely the spirit of
despair and discouragement.



St. Mark the Ascetic

“Every event is like a bazaar. He who knows how to bargain
makes a good profit; he who does not makes a loss.”

