



From daily life
to that which abides forever...



Towards Bethlehem,
with the holy monastic Fathers as our guides

In a spirit of
joyful sorrow...



...and bittersweet
self-reproach

Always battle bravely the spirit of
despair and discouragement.

St. Niketas the Stethatos

“If an Angel of the Lord God did not protect them, they could not escape the demons’ attack and the snares of death.”

