

From daily life to that which abides forever...

Towards Bethlehem, with the holy monastic Fathers as our guides

In a spirit of joyful sorrow...



...and bittersweet self-reproach

Always battle bravely the spirit of despair and discouragement.

December 6 † St. Nicholas the Wonderworker, Archbishop of Myra in Lycia

Abba Isaac the Syrian

"For His path has been trodden from the ages and from all generations by the cross and by death."

"If the soul does not taste Christ's sufferings consciously, she will never have communion with Him."